

IWA FALL SEASON RETURN TO ACTION PLAN

IWA Athletic Community,

The health and well-being of our students remains Incarnate Word Academy's number one priority. Now that restrictions have lessened and new TAPPS guidelines have developed we are beginning the process to return to summer workouts. On August 19, 2020, the IWA Athletic Department (in accordance with TAPPS rules) will re-open all athletic facilities with the exception of the Weight Room and Locker Rooms. ONLY supervised practices for 2020 – 2021 registered students will be allowed following Section 136 of TAPPS Rules. All IWA Athletic Facilities will remain closed to the "public" (non-enrolled students, parents, alumni, and visitors) for the safety of our students and staff. The following policies and procedures must be followed during this initial phase:

1. **Voluntary Participation:** Practices are strictly voluntary and not mandatory. Your son/daughter will not be reprimanded should you decide to keep them home.
2. **COVID-19 Self-Monitoring Checklist:** Coaches and student-athletes must have a Covid-19 Form filled out prior to being on campus each day.
3. **Temperature Readings:** Student-athletes and coaches will be required to have their temperature taken upon arrival. Anyone with high reading will be asked to go home and the student parents will be contacted.
4. **Avoid Large Gatherings:** Practice sessions shall be limited to 30 athletes per coach/per session. Athletes must be divided into groups of no more than 6 per group when possible.
5. **Social Distancing Enforced:** Student-athletes and coaches will be directed to remain 6 feet apart and have a face covering while not in training.
6. **Facility Use:** The use of IWA facilities is only for official business with the coaches or staff. Indoor facilities will not be used to lounge, shower, or wait. Student-Athletes are encouraged to NOT enter the IWA school buildings unless for an emergency reason. Restrooms will be available by the HS concession/trophy case lobby only. The use of the pavilion will require usage of the DC (Dougherty Center) bathrooms.
7. **Facility Cleaning:** The use of athletic facilities will require the daily disinfecting, sanitizing and cleaning, IWA will ensure of this duty.
8. **Coaches/Athletes to wear face coverings during training sessions:** Coaches and athletes will be required to arrive and leave wearing CDC recommended appropriate face coverings and during practice breaks.
9. **Hand Sanitizers:** We encourage you to send your son/daughter with hand sanitizer for personal use. IWA will also have hand sanitizer on hand.
10. **Practice Equipment Use:** Currently, the use of IWA equipment will be used and sanitized periodically throughout the day. No personal equipment will be permitted. Coaches will provide equipment per group. No equipment shall be passed down to an opposite group without properly sanitizing the equipment
11. **Weight Room/Locker Rooms:** Will be off limits and must remain locked at all times.
12. **Hydration:** Bring your own water bottles; no sharing and no fountains or water stations.
13. **Transportation:** IWA buses will not be used for any transportation.
14. **Protocols:** Communicating and posting protocols for all persons using the facilities.
15. **Practice Plan:** A copy of each days practice plan and safety plan shall be provided by each coach.
16. **Response Plan:** In the case of a recorded positive Covid test for a student or staff member all facilities will be shut down until further notice. IWA will follow CDC Guidelines.

Again, I assure you that we will continue to monitor the situation closely and keep you updated of any new changes as they arise. The IWA Athletic Department values the safety and well-being of your son/daughter and we assure you that we will do everything in our power to provide you with a safe environment. Please feel free to contact me at any time. garciar@iwacc.org

God Bless You!

ONLY REGISTERED IWA STUDENT-ATHLETES WILL BE PERMITTED IN THE IWA GYM

1. **NO OPEN GYM/FACILITIES AND NO PARENTS/GUESTS ALLOWED.**
2. Prior to fall work outs coaches must send information documents to parents.
3. Workouts will be permitted as approved by the athletic director.
4. Mandatory daily temperature checks. (Document Time and Date)
5. Designate a restroom area. (Locker Rooms Are To Remain Closed)
6. All student athletes must provide their own water. (No Exceptions and No Sharing)
7. Wash hands before, during breaks, and after workouts.
8. Try to keep athletes from opening/touching doors or door handles.
9. Sanitize all basketballs, volleyballs, baseballs, soccer balls, equipment, tables, chairs and doors.
10. Designate an entrance and exit door.
11. Each student-athlete must arrive wearing mask and provide a storage ziplock.
12. IWA will provide sanitizing liquid soap.
13. Mark off practice areas with visible 6' marks and visible station areas at 30' apart.
14. Locker rooms, weight room and IWA school building will be off limits.
15. Social distancing will be required and loitering will not be allowed.
16. **ANY POSITIVE COVID-19 TEST RESULTS WILL RESULT IN A IMMEDIATE NOTIFICATION AND AUTOMATIC SHUT DOWN OF THE SPORT AND FACILITY.**